



## FACT SHEET

- ECO Farm is an Earth Citizens Organization (ECO) model regenerative farm located in Cottonwood, Arizona at 3080 E. Highway 89A.
- ECO is a 501(c)(3) non-profit whose goal is to promote a mindful approach to helping people live healthier lives, build stronger communities, and sustain the planet through eco-friendly farming.
- ECO promotes food justice through the farm by educating the community on sustainable farming, how to be a responsible earth steward, make healthy lifestyle choices.
- The farm distributes healthy natural food throughout the community to food banks and farmer's markets. ECO donates natural and sustainable farm fresh food to local food banks. In 2023, the farm contracted with Friends of the Farm, Arizona Food Bank Network to streamline the distribution of its produce, including several hundreds of pounds of onions, tomatoes, and eggplants.
- Andy Cho is the Executive Director of the ECO Farm and Kamal Singh is the Farm Manager. The nonprofit reports to the Sedona Earth Citizens Organization Board of Directors, and a group of 15 to 20 volunteers support farm operations.

- There are volunteer opportunities on the farm for people of all ages and capabilities, which include caring for farm animals, planting crops, growing and harvesting foods, farm landscaping and maintaining the community garden. Volunteers are welcome on Tuesdays and Thursdays from 9 am to 12:00 pm, and volunteer community plots are available to the volunteers.
- There are educational programs and volunteer opportunities for people to come live on the farm, for a specific duration of time, using the RV and camper hook-ups, or dry-camping in exchange for work hours.
- The Farm also provides internship opportunities to trainees who spend a duration of time on the farm, learning about personal wellness, farm operations and sustainable living. Interns are responsible for their travel and overnight accommodations.
- ECO Farm has partnered with local schools and nonprofits by using the farm as an extension for teaching and learning about the environment.
- ECO strives to eliminate waste, and create partnerships that are a win-win in the community. ECO Green Services and ECO Farm established a partnership from 2023 to 2024, whereby ECO Green provided mulch from its tree trimming company to the farm in exchange for renting space on the farm for equipment.
- ECO Farm sells 5 to 12 dozen eggs weekly (free range chicken and duck eggs combined), and farm produce is sold to vendors who resell at local Farmers Markets in Cottonwood and Cornville.
- The farm has initiated the startup of model ECO Farms in other states through its mission.

- The Farm sells farm baskets (seasonally) at the Rio Verde RV Park main office with eggs and farm fresh produce.
- For more information on the ECO Farm contact our Executive Director, Andy Cho, or our Farm Manager, Kamal Singh at [ecofarm@earthcitizens.org](mailto:ecofarm@earthcitizens.org) or call 928-451-4853. The ECO Farm website is located at <https://www.goecofarm.org>.